

Project Number: 2019-1-PT01-KA203-060772

# **SPECIAL NEEDS**

Link: https://issuu.com/educaredirittiumani/docs/icaro - en (pages 66-67)

Group size: 10 - 30 persons

**Duration: 45 minutes** 

## **Objectives:**

- To become aware of each other's differences
- To learn to accept the differences
- Familiarization

### **Description:**

This is an activity meant for students wo are getting use to university environment. Through this activity, the students realize that everyone is different in their own special way and hear that some of them might have the same problems. The activity also works in a classroom where there is a student with special needs. The whole group will be able to realize the differences and similarities between them.

The facilitator prepares all the materials. Every student should get some piece of paper and coloured pencils.

Students outline one part of their body (their hands, feet...) and then compare amongst each other. Let them first find the differences between their parts of the body and then the similarities. They will realize how different and similar they can be.

The facilitator writes different questions on a small piece of paper. The students sit in a circle. The facilitator should be the one to start, holding the yarn ball. He pics a question and answers it, then he throws the yarn ball in a way, that he/she is holding the tread. All the students do the same. At the end, everyone is connected with each other by the thread. Everyone has learned something new about their colleagues and feels connected to them.

#### Questions:

- What would you be if there were no obstacles in your life?
- What animal would change into?
- My current biggest problem is...
- What am I really good at?
- What are my three good qualities and three bad qualities?
- What part of me is the best?
- How would my mother, father, best friend introduce me?
- My biggest wish is..

I am afraid of/when



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### **Debriefing - Evaluation:**

- How do you feel?
- Did you feel comfortable/embarrassed/awkward/relaxed while doing this activity?
- Did you find easy/difficult to find common things with the others?
- Did you find easy/difficult to answer the questions?
- Did you expect to find things in common with the others?
- Do you feel more connected with the others at the end of this activity? Why? Why not?